First find out why so many people are angry

Sadhguru Jaggi Vasudev

THE MECHANISM of terror in the world encompasses various kinds of terrorism, and religious terrorism is a major part of it. The purpose of terrorism is not to wage a war but to cripple the society with fear.

There is so much anger that a person is willing to kill innocent people in the name of the cause he or she believes in. We see young people who are willing to give up their lives as suicide bombers. The resistant forces and the revolutionaries are an educated lot. One way of looking at it is that any person who is willing to die for his or her beliefs is a wonderful human being. The problem is that there is anger and hatred behind it and so the end result is ugly.

Different causes have bred the same thing — whenever there is a powerful force that becomes oppressive, people who are not powerful naturally opt for the wrong method of fighting i.e., terrorism. Therefore, it is very important that the armies, the governments and the leaders around the world find the reason as to why so many people are angry... especially when so many people are going in that direction.

For every creature on this planet, its own life is precious. Even if you try to kill a little ant, it does its best to save itself — the same is true for the human beings. To be willing to die for a cause or a belief means that "something" has become very important to that person.

We need to address the fundamental issues that leads to the decision of following the path of destruction rather than treating terrorism as something you can just stamp out. Right now the level of terrorism in the world has grown because we are blatantly trying to stamp things out rather than addressing the fundamental issues.

— Sadhguru Jaggi Vasudev is a yogi and spiritual master. He is the founder of the Isha Foundation.